

LEGAL NOTICE NO. 173

THE MEDICAL PRACTITIONERS AND DENTISTS ACT

(Cap. 253)

IN EXERCISE of the powers conferred by section 23 of the Medical Practitioners and Dentists Act, the Cabinet Secretary for Health, on the recommendation of the Kenya Medical Practitioners and Dentists Council, makes the following Rules –

THE MEDICAL PRACTITIONERS AND DENTISTS (MENTAL HEALTH TREATMENT AND REHABILITATION INSTITUTIONS) RULES, 2022

PART I – PRELIMINARY

1. These Rules may be cited as the Medical Practitioners and Dentists (Mental Health Treatment and Rehabilitation Institutions) Rules, 2022.

Citation.

2. These Rules shall apply to mental health and rehabilitation institutions.

Application.

3. In these Rules, unless the context otherwise requires—

Interpretation.

“access” means that the service or personnel is available or can be outsourced at a different facility to which linkage is provided and documentary evidence of this is available including memorandum of understanding or service contract;

“drug” as defined under the Pharmacy and Poisons Act;

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“halfway house” means a home where people recovering from mental health conditions including substance use and behavioral disorders can stay for a limited period of time with a view of transitioning to healthy living;

“harm reduction services” means a set of practical strategies that reduce negative consequences of drug use, incorporating a spectrum of strategies from safer use to managed use to abstinence;

“mental health” means a state of wellbeing in which the individual realizes his or her own abilities, can cope with the normal

stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her own community;

“mental illness” means a wide range of conditions that affect mood, thinking and behaviour;

“substance use disorder” means a maladaptive pattern of substance use leading to clinically significant impairment or distress;

“substance use disorder treatment” means a service or set of services that may include medication, counselling, and other supportive services designed to enable an individual to reduce or eliminate alcohol or other drug use, address associated physical or mental health problems, and restore the patient to maximum functional ability;

“support group” means a group of people with common experiences or concerns who provide each other with encouragement comfort or advice;

“rehabilitation” means a process of medical and non-medical therapeutic treatment of substance use and behavioural disorders, the general intent being to enable the client confront or manage substance use disorders alongside other co-occurring conditions or disorders to achieve their optimal level of functioning;

“treatment” means

- (a) the provision of one or more structured interventions designed to manage health and other problems as a consequence of drug abuse and to improve or maximize personal and social functioning; or
- (b) the process that begins when a person with substance use disorder comes into contact with a health or any other community service provider including counselling and drug testing, and may continue through a succession of specific interventions until the highest attainable level of health and well-being is reached.

## PART II – REGISTRATION AND LICENSING

4. A person who intends to operate a mental health or rehabilitation institution shall be licensed by the Council in accordance with requirements prescribed under these Rules.

Registration.

5. (1) A person who intends to register a mental health institution shall upon application to the Council in the prescribed form, submit the following requirements—

Application for registration.

- (a) company or business certificate registration;
- (b) certified copies of professional certificate of healthcare personnel;
- (c) certified copies of valid practicing licenses of the healthcare personnel issued by the relevant regulatory body;

- (d) proof of payment of the prescribed fee; and
- (e) any other requirements the Council shall consider necessary.

(2) An institution maybe registered as a mental health and rehabilitation institution where—

- (a) the institution conforms to the description, infrastructure and personnel criteria for the respective category and facility set out in the Schedule;
- (b) the Council has carried out a pre-registration inspection and the premises and facilities have been found to be satisfactory;
- (c) the healthcare personnel providing services at the institution are holders of valid practice licenses; and
- (d) the quality of care to be provided at the institution meets the minimum standards acceptable by the Council.

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(3) Where the applicant satisfies the Council that the institution meets the requirements for registration, the registrar shall register the institution as an approved mental health and rehabilitation institution.

(4) The Council shall issue every approved mental health and rehabilitation institution registered under these Rules a certificate of registration in the prescribed form.

(5) The Registrar shall keep a register of all mental health and rehabilitation institutions.

6. (1) A person who wishes to operate a mental health treatment or rehabilitation institution, shall apply to the Council for a licence.

Application for licence.

(2) An application for the grant or renewal of a licence to operate a facility shall be in the prescribed form.

(3) Any application for a license under this rule shall be accompanied with the documents set out in rule 5(1).

7. (1) Where an applicant fails to submit all documents or information required under these Rules, the Council shall reject the application and inform the applicant, in writing, of the rejection and the reason for the rejection.

Failure to submit documents or information.

(2) Where the Council rejects an application due to incomplete or insufficient information, the rejection shall not, bar the applicant from resubmitting the application.

(3) The Council shall consider the re-submitted application as a new application.

8. (1) The Council shall, within seven days after receipt of the application for registration, constitute an Inspection Committee comprising representatives of the relevant agencies to undertake an inspection of the proposed facility.

Inspection Committee.

(2) The Inspection Committee shall, when undertaking an inspection, ensure that the applicant meets all the requirements set out in the Schedule.

(3) The Inspection Committee shall, prior to its sittings—

- (a) notify the Public Health Officer in charge of the County where the applicant's facility is situated, in writing; and
- (b) invite the public to make any presentations on the suitability of the applicant or facility.

(4) The Inspection Committee shall determine its own calendar and procedure for its proceedings.

9. (1) The Council shall, within thirty days of receipt of the application under rule 5, inspect and assess the institution, make a determination and submit to the Council an Inspection Report with its findings.

Pre-registration and routine inspections.

(2) The report under subrule (1) and criteria set out under these rules or any applicable written law and shall indicate whether—

- (a) the facility is suitable for the provision of services under these Rules;
- (b) the facility conforms to the prescribed occupational health and safety requirements;
- (c) the facility has the physical infrastructure, treatment and rehabilitation systems and equipment necessary to carry out the services; and
- (d) the facility has the sufficient number of competent staff for the provision of treatment and rehabilitation services and management as the Council may from time to time determine.

10. (1) The Council shall, after considering the Inspection Report, make a determination on whether or not to grant the licence.

Grant of licence.

(2) Where the Council has no objection to the application under rule 5, the Council shall grant a licence to the applicant upon payment of the prescribed fees.

(3) The licence shall be in the prescribed form and subject to such conditions as the Council may consider necessary.

(4) Where the Council is not satisfied with the application under sub-rule (1), the Council may—

- (a) reject the application and within twenty-one days of the decision notify the applicant of the rejection in writing stating the reasons for the rejection; or
- (b) within twenty-one days of the decision notify the applicant of the decision, in writing and return the application to the applicant with comments and recommendations.

(5) The applicant to whom the application is returned under sub-rule (4)(b) may re-submit a revised application within three months of the date of notification.

(6) Upon receipt of a revised application under sub-rule (5), the Council shall, within thirty days determine the application in accordance with this Act.

(7) Where the Council grants a licence under these rules, it shall ensure that the information related to the license is accessible to the public and shall publish the grant of licence in its website.

11. (1) The Council may specify the terms and conditions of a licence consistent with the provisions of the Act, Rules and other relevant circumstances.

Conditions of licence.

(2) A licensee shall comply with all terms and conditions of the licence.

(3) The Council shall issue licences in accordance with the categories and levels of care as prescribed in the Schedule.

12. (1) The licences which may be granted under these Rules shall be those specified in the Schedule, and the provisions of that Schedule shall have effect in relation to the respective licences therein specified.

Validity of licence.

(2) A licence shall not be granted to apply to more than one facility at a time.

13. (1) Every licence and every renewal, or revocation thereof shall be sufficiently authenticated by the Council.

Renewal of licence.

(2) Every grant of a licence and every renewal shall—

(a) be subject to the payment of the fee as stipulated in Schedule; and

(b) expire on the 31st day of December each year.

(3) Where an application for the renewal of a licence has been made and the Council has not by the date of expiration of the licence reached a decision thereon, such licence shall remain in force until the decision of the Council is made known:

Provided that a licensee shall apply for renewal of a licence at least three months before the day of the expiry of the licence.

14. A licensee shall—

Change of particulars.

(a) notify the Council of its intention to change the name or contact address it filed with the Council at least thirty days before effecting such change; and

(b) notify the Council and the public of any trade or brand name it intends to use at least thirty days prior to using the trade or brand name.

15. The Council may refuse to renew a license if the licensee—
- (a) has breached any of the conditions of the licence;
  - (b) has failed to comply with the standards and code of practice specified;
  - (c) being a professional regulated under any written law, has ceased being in good standing with the relevant professional body;
  - (d) has failed to maintain or operate the facility in accordance with these Rules or any written laws.

Refusal to renew licence.

16. An applicant whose application for a new license or, renewal of a license has been refused may within twenty-one days appeal against such refusal to the High Court.

Appeals to Court.

17. (1) The Council may revoke a licence in accordance with these Rules.

Revocation of licence.

(2) The Council may revoke the licence after conducting its own inspection of the facility or after considering the inspection report of the Inspection Committee.

(3) The Council may revoke a Practitioner's Licence upon an inquiry into the conduct of the holder of a Practitioner's Licence.

(4) Upon considering the report, the Council shall issue a written notice to the licensee, a copy of the inspection report and the reasons for the intended revocation and an invitation of the licensee to appear before the Council at least, twenty-one days before the date of the hearing.

(5) A licensee concerning whom the report is to be considered may appear in person or by an advocate before the Council.

(6) The Council, having duly considered the report and having heard the licensee, if he appears, may, if it thinks fit, revoke the licence of the licensee reported upon, or it may make such an order in respect of such licence or the licensed facility specified therein as, in the opinion of the Council, is necessary.

(7) A person aggrieved by the decision of the Council upon any such report may within twenty-one days appeal against the decision to the High Court.

18. (1) Every licence shall be prominently and conspicuously displayed on the facility to which it relates, and any licensee who fails or neglects so to display his license commits an offence.

Display of licence.

(2) A person causing or permitting to be on his premises or on the premises under his control any words, letters or sign falsely purporting that he is a licensee commits an offence.

### PART III— STANDARDS

19. (1) The Council shall publish the standards for facilities and the code of practice for providing treatment and rehabilitation services under the Act and these Rules.

Standards or code of practice.

(2) The standards and code of practice published under subrule (1) shall conform to standards, guidelines and protocols set by the Ministry of Health, Kenya Board of Mental Health, World Health Organization or any other internationally recognized evidence-based treatment and practices applicable in the field of rehabilitation of persons with substance use and behavioural disorders.

(3) The standards for the facility published under subrule (1) shall include, among others—

- (a) compliance with t
- (b) he building code;
- (c) essential or mandatory physical infrastructure;
- (d) necessary equipment; and
- (e) occupational health and safety rules;

(4) The code of practice for providing treatment and rehabilitation services published under subrule (1) shall include, among others,—

- (a) rights and responsibilities of persons receiving services;
- (b) levels and processes of service delivery and interventions;
- (c) management systems for the facility including personnel;
- (d) core professional practice requirements within the facility; and
- (e) ethical practice requirements for service delivery.

20. (1) A licensee shall ensure that—

Compliance with standards.

- (a) the facility is operated, maintained or managed in accordance with the standards and conditions prescribed under these Rules; and
- (b) code of practice is complied with by any person involved in the provision of service under these Rules.

(2) A person who contravenes this rule commits an offence and shall be liable to a fine not exceeding five hundred thousand shillings or to a term of imprisonment not exceeding two years or both.

#### PART IV— ENFORCEMENT

21. (1) The Council shall designate such number of authorized officers to carry out inspections or seek compliance with these Rules.

Authorized officers.

(2) The powers and procedures to be followed by an authorized officer shall be as provided for under the Medical Practitioners and Dentists (Inspections and Licensing) Rules, 2022.

22. The Council shall inspect or investigate matters relating to the quality of services, of a licensee from time to time to ensure

Inspections and investigations

compliance; or carry out any visits or inspections pursuant to the provisions of the Act.

23. (1) The Council shall investigate complaints received relating to Mental and Alcohol and Drug Abuse Treatment and Rehabilitation Facilities and prepare reports on the findings.

Handling of complaints.

(2) The Council shall take such measure as will be necessary to ensure that the complaint is efficiently and effectively resolved and where applicable, shall refer the matter to other relevant Authorities for investigation and action.

24. A person who—

Offences.

(a) operates a facility without a valid licence; or

(b) allows and unqualified and unlicensed professional to work at a facility,

commits an offence.

25. (1) A licensee shall submit quarterly reports to the Council in a prescribed form.

Reports.

(2) The Report submitted under sub-rules (1) shall contain all such information as may be prescribed in a Schedule to these Rules.



## SCHEDULE

(r. 10(3))

LEVEL 1			
<i>Facility type and description</i>	<i>Core services</i>	<i>Infrastructure/ Equipment</i>	<i>Core personnel</i>
Community-based services (provides outreach and early intervention services)	<ul style="list-style-type: none"> <li>(i) Community sensitisation, education and mobilisation</li> <li>(ii) Health promotion</li> <li>(iii) Early identification of substance abusers</li> <li>(iv) Harm reduction services</li> <li>(v) Information on mental health services</li> <li>(vi) Support groups</li> <li>(vii) Individual and group counselling</li> <li>(viii) Family education and therapy</li> <li>(ix) Life and social skills training</li> <li>(x) Empowering individual to maintain healthy lifestyle</li> <li>(xi) Brief intervention</li> <li>(xii) Linkage to SUD treatment and rehabilitation services</li> <li>(xiii) Linkage to comprehensive treatment services</li> </ul>	<ul style="list-style-type: none"> <li>(i) IEC materials</li> <li>(ii) Emergency resuscitation kits</li> <li>(iii) Consultation rooms</li> <li>(iv) Counselling rooms</li> <li>(v) Meeting rooms</li> <li>(vi) Health records and information management system</li> <li>(vii) IPC and WASH requirements</li> <li>(viii) Security and safety measures</li> <li>(ix) Recreational facilities</li> <li>(x) Access to ambulance for referrals</li> </ul>	<ul style="list-style-type: none"> <li>(i) CHVs/ CHEWs</li> <li>(ii) Peer educators</li> <li>(iii) Community health nurse</li> <li>(iv) Mental health nurse</li> <li>(v) HPOs</li> <li>(vi) Addiction counsellors</li> <li>(vii) Psychologists</li> <li>(viii) Nutritionist</li> <li>(ix) Social workers</li> <li>(x) Case workers</li> <li>(xi) Trainers</li> <li>(xii) Volunteers</li> <li>(xiii) Support staff</li> <li>(xiv) Community leaders</li> </ul>

LEVEL 2			
<i>Facility type and description</i>	<i>Core services</i>	<i>Infrastructure/ Equipment</i>	<i>Core personnel</i>
i. Basic outpatient facility  (provides low- to mid-intensity interventions – only day time)	<ul style="list-style-type: none"> <li>(i) Basic screening for SUD and mental illness</li> <li>(ii) Initiation of and linkage to SUD and mental health treatment services</li> <li>(iii) Brief intervention</li> <li>(iv) Treatment planning</li> <li>(v) Outpatient meetings</li> <li>(vi) Addiction counselling</li> <li>(vii) Mental health counselling</li> <li>(viii) Support groups</li> <li>(ix) Individual and group counselling</li> <li>(x) Family education and therapy</li> <li>(xi) Harm reduction services</li> <li>(xii) Life and social skills training</li> <li>(xiii) Empowering individual to maintain healthy lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>(i) Screening tools e.g. Mental status exam, PHQ-9, CAGE, ASSIST, COWS, ASI, ASAM</li> <li>(ii) IEC materials</li> <li>(iii) Emergency resuscitation kits</li> <li>(iv) Emergency resuscitation kits</li> <li>(v) Consultation rooms</li> <li>(vi) Counselling rooms</li> <li>(vii) Meeting rooms</li> <li>(viii) Basic routine laboratory services</li> <li>(ix) Sample collection and referral</li> <li>(x) Dispensing pharmacy</li> <li>(xi) Health records and information management system</li> <li>(xii) IPC and WASH requirements</li> <li>(xiii) Security and safety measures</li> <li>(xiv) Recreational facilities</li> <li>(xv) Utility vehicle</li> <li>(xvi) Access to ambulance for referrals</li> </ul>	<ul style="list-style-type: none"> <li>(i) Resident Mental health clinical officer</li> <li>(ii) Resident Mental health nurse</li> <li>(iii) Addiction counsellors</li> <li>(iv) Psychologists</li> <li>(v) Social workers</li> <li>(vi) Case workers</li> <li>(vii) HRIO</li> <li>(viii) HPO</li> <li>(ix) Access to Laboratory technologists</li> <li>(x) Access to Pharmaceutical technologists</li> <li>(xi) Access to Occupational therapist</li> <li>(xii) Nutritionist</li> <li>(xiii) Peer educators</li> <li>(xiv) Trainers</li> <li>(xv) Support staff including cleaners and security guards</li> <li>(xvi) Volunteers</li> <li>(xvii) Community leaders</li> </ul>

<p>ii. Drop-in centre (a)“collection point” or gateway to SUD treatment facilities – open 24 hours)</p>	<p>(i) Screening and basic assessment of SUD and mental illness (ii) Brief intervention (iii) Overnight stays (iv) Treatment planning (v) Individual and group counselling (vi) Harm reduction services (vii) Life and social skills training (viii) Empowering individual to maintain healthy lifestyle (ix) Family education and therapy (x) Linkage and referral to comprehensive SUD treatment centres</p>	<p>(i) Screening tools e.g. Mental status exam, PHQ-9, CAGE, ASSIST, COWS (ii) IEC materials (iii) Consultation rooms (iv) Counselling rooms (v) Meeting rooms (vi) Emergency or observation room (vii) Inpatient rooms or wards with a capacity of not more than eight beds (viii) Sample collection and referral (ix) Dispensing pharmacy (x) Health records and information management system (xi) IPC and WASH requirements (xii) Kitchen (xiii) Laundry (xiv) Security and safety measures (xv) Recreational facilities (xvi) Utility vehicle (xvii) Access to ambulance for referrals</p>	<p>(i) Resident Mental health clinical officer (ii) Resident Mental health nurse (iii) Psychiatrist on call (iv) Addiction counsellors (v) Psychologists (vi) Access to Social workers (vii) Access to Laboratory technologists (viii) Access to Pharmaceutical technologists (ix) Access to Occupational therapist (x) Nutritionist (xi) HRIO (xii) Access to HPO (xiii) Peer educators (xiv) Volunteers (xv) Support staff (xvi) Community leaders</p>
<p>iii. Halfway house (recovery management and social support for clients who have been discharged from residential</p>	<p>(i) Basic screening and assessment for SUD and mental illness (ii) Individual and group counselling (iii) Brief intervention (iv) Harm reduction services (v) Life and social</p>	<p>(i) Screening tools e.g. Mental status exam, PHQ-9, CAGE, ASSIST, COWS (ii) IEC materials (iii) Resuscitation kits (iv) Residential hostel/dormitory facilities for: (a) At least twelve (12) male (b) At least twelve</p>	<p>(i) Access to Psychiatrist (ii) Resident mental health nurse or clinical officer (iii) KRCHNs (iv) Resident addiction counsellors (v) Resident psychologists (vi) Access to</p>

treatment and/or rescued from toxic home environments – open 24 hours)	<p>skills training</p> <p>(vi) Empowering individual to maintain healthy lifestyle</p> <p>(vii) Relapse prevention strategies</p> <p>(viii) Family education and therapy</p> <p>(ix) Reintegration and linkage to social support services including:</p> <p>(a) Family support</p> <p>(b) Vocational training</p> <p>(c) Income generating opportunities</p> <p>(d) Sporting activities</p> <p>(e) Housing</p> <p>(f) Legal</p> <p>(g) NCPWD</p> <p>(h) Law enforcement</p> <p>(x) Linkage and referral to treatment services</p> <p>(xi) Discharge planning</p>	<p>(12) female</p> <p>(v) Vocational training rooms</p> <p>(vi) Consultation rooms</p> <p>(vii) Counselling rooms</p> <p>(viii) Meeting rooms</p> <p>(ix) At least two (2) observation or emergency rooms</p> <p>(x) Sample collection and referral</p> <p>(xi) Dispensing pharmacy</p> <p>(xii) Health records and information management system</p> <p>(xiii) IPC and WASH requirements</p> <p>(xiv) Kitchen</p> <p>(xv) Laundry</p> <p>(xvi) Security and safety measures</p> <p>(xvii) Library with books and computers and internet</p> <p>(xviii) Recreational facilities</p> <p>(xix) Sporting facilities</p> <p>(xx) Utility vehicles</p> <p>(xxi) Access to ambulance for referrals</p>	<p>Social workers</p> <p>(vii) Case workers</p> <p>(viii) Access to Laboratory technologists</p> <p>(ix) Access to Pharmaceutical technologists</p> <p>(x) Access to Occupational therapists</p> <p>(xi) Access to Physiotherapists</p> <p>(xii) Nutritionist</p> <p>(xiii) HRIO</p> <p>(xiv) HPO</p> <p>(xv) Peer educators</p> <p>(xvi) Volunteers</p> <p>(xvii) Support staff</p> <p>(xviii) Trainers</p> <p>(xix) Community leaders</p>
<b>LEVEL 3</b>			
<i>Facility type and description</i>	<i>Core services</i>	<i>Infrastructure/ Equipment</i>	<i>Core personnel</i>
3A: Comprehensive outpatient facility (mid- to high-intensity interventions –	<p>(i) Comprehensive biopsychosocial assessment</p> <p>(ii) Treatment planning</p> <p>(iii) Medication-assisted</p>	<p>(i) Screening tools</p> <p>(ii) IEC materials</p> <p>(iii) Emergency resuscitation kits</p> <p>(iv) Consultation rooms</p> <p>(v) Counselling rooms</p>	<p>(i) Access to Psychiatrist</p> <p>(ii) Resident Medical Officer or Resident Mental health clinical officers</p>

only day time)	<ul style="list-style-type: none"> <li>(iv) Maintenance medication</li> <li>(v) Behavioural and psychosocial treatment of addiction and psychiatric disorders</li> <li>(vi) Family education and therapy</li> <li>(vii) Harm reduction services</li> <li>(viii) Life and social skills training</li> <li>(ix) Empowering individual to maintain healthy lifestyle</li> <li>(x) Linkage to residential and comprehensive treatment centres</li> <li>(xi) Discharge planning and linkage</li> </ul>	<ul style="list-style-type: none"> <li>(vi) Meeting rooms</li> <li>(vii) Observation or emergency room</li> <li>Procedure room</li> <li>(viii) Pharmacy</li> <li>(ix) Laboratory able to do routine tests and rapid drug tests, sample collection and referral for other tests</li> <li>(x) Health records and information management system</li> <li>(xi) IPC and WASH requirements</li> <li>(xii) Security and safety measures</li> <li>(xiii) Recreational facilities</li> <li>(xiv) Utility vehicles</li> <li>(xv) Ambulance for referrals</li> </ul>	<ul style="list-style-type: none"> <li>(iii) Resident Mental health nurses</li> <li>(iv) Resident Psychologists</li> <li>(v) Resident Addiction counsellors</li> <li>(vi) Laboratory technologists</li> <li>(vii) Pharmaceutical technologists</li> <li>(viii) Access to Social workers</li> <li>(ix) Access to Occupational therapist</li> <li>(x) Access to Physiotherapists</li> <li>(xi) Nutritionists</li> <li>(xii) Case workers</li> <li>(xiii) Peer educators</li> <li>(xiv) Volunteers</li> <li>(xv) Trainers</li> <li>(xvi) HRIO</li> <li>(xvii) HPOs</li> <li>(xviii) Support staff</li> </ul>
3B: Basic inpatient facility (Provides residential treatment that is both short- and long-term)	<ul style="list-style-type: none"> <li>(i) Comprehensive biopsychosocial assessment</li> <li>(ii) Individualized treatment planning</li> <li>(iii) Maintenance medication</li> <li>(iv) Behavioural and psychosocial management</li> <li>(v) Continuous clinical</li> </ul>	<ul style="list-style-type: none"> <li>(i) Screening tools</li> <li>(ii) IEC materials</li> <li>(iii) Emergency resuscitation kits</li> <li>(iv) Consultation rooms</li> <li>(v) Counselling rooms</li> <li>(vi) Meeting rooms</li> <li>(vii) Procedure room</li> <li>(viii) Inpatient facilities for: <ul style="list-style-type: none"> <li>(a) At least eight (8) male</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>(i) Access to Psychiatrist</li> <li>(ii) Access to Medical Officer</li> <li>(iii) Resident Mental health clinical officer</li> <li>(iv) Resident Psychologists/ Addiction counsellors</li> <li>(v) Resident Mental health nurses</li> <li>(vi) Access to Laboratory</li> </ul>

	assessment	patients	technologists
	(vi) Engagement with patient's family/ social network to support recovery.	(b) At least eight (8) female patients (c) At least four (4) adolescents or children	(vii) Access to Pharmaceutical technologists (viii) Access to Social workers
	(vii) Family education and therapy.	(ix) At least one observation room	(ix) Access to Occupational therapist
	(viii) Life and social skills training.	(x) Nursing station	(x) Access to Physiotherapists
	(ix) Empowering individual to maintain healthy lifestyle.	(xi) Basic pharmacy	(xi) Nutritionists ± Volunteers Support staff
	(x) Linkage to residential and comprehensive treatment centres	(xii) Side laboratory i.e. able to do routine rapid tests (dipstick) and rapid drug tests, and offer sample collection and referral for other tests	
	(xi) Linkage to halfway and other recovery support programs.	(xiii) Health records and information management system	
	(xii) Linkage to management of co-morbid medical and/or psychiatric disorders.	(xiv) Linkage to imaging services	
	(xiii) Relapse prevention and management	(xv) Linkage to Electroencephalography	
	(xiv) Nutritional assessment and management	(xvi) Health records and information management system	
	(xv) Discharge planning and linkage	(xvii) IPC and WASH requirements	
		(xviii) Kitchen	
		(xix) Laundry	
		(xx) Security and safety measures	
		(xxi) Library with books, computers	

		and internet access. (xxii) Recreational facilities (xxiii) Sporting facilities (xxiv) Utility vehicles (xxv) Ambulance for referrals	
<b>LEVEL 4</b>			
<i>Facility type and description</i>	<i>Core services</i>	<i>Infrastructure/ Equipment</i>	<i>Core personnel</i>
Primary treatment facility (provides comprehensive outpatient and basic/ short-term residential treatment—open 24 hours)	(i) Comprehensive biopsychosocial assessment (ii) Individualised treatment planning (iii) Medication-assisted detoxification (iv) Initiation of maintenance medication (v) Behavioural and psychosocial treatment of addiction and psychiatric disorders including 12-step programmes (vi) Continuous clinical assessment (vii) Engagement with patient's family/social network to support recovery (viii) Family education and therapy (ix) Harm reduction services (x) Life and social skills training (xi) Empowering	(i) Screening tools (ii) IEC materials (iii) Emergency resuscitation kits (iv) Consultation rooms (v) Counselling rooms (vi) Meeting rooms (vii) Inpatient facilities for: (a) At least twelve (12) male patients (b) At least twelve (12) female patients (c) At least four (4) adolescents or children (viii) Emergency or observation rooms (ix) ± Sensory deprivation rooms (x) Pharmacy (xi) Laboratory able to do routine tests and comprehensive drug tests (xii) Access to imaging services – x-ray, ultrasound (xiii) Access to electroencephalography (xiv) Health records and information management system	(i) Visiting Psychiatrist (ii) Resident Medical Officer (iii) Resident Mental health clinical officer (iv) Resident psychologists and clinical psychologists (v) Resident Addiction counsellors (vi) Mental health nurses (vii) Laboratory technologists (viii) Pharmacist or Pharmaceutical technologists (ix) Social workers (x) Occupational therapist (xi) Physiotherapists (xii) Nutritionists (xiii) Case workers (xiv) Trainers (xv) Peer educators (xvi) Volunteers (xvii) HRIOs (xviii) HPOs (xix) Support staff

	<p>individual to maintain healthy lifestyle</p> <p>(xii) Linkage to secondary and tertiary residential treatment centres</p> <p>(xiii) Linkage to management of co-morbidities</p> <p>(xiv) Discharge planning and linkage</p>	<p>(xv) IPC and WASH requirements</p> <p>(xvi) Kitchen</p> <p>(xvii) Laundry</p> <p>(xviii) Security and safety measures</p> <p>(xix) Library with books, computers and internet access</p> <p>(xx) Recreational facilities</p> <p>(xxi) Sporting facilities</p> <p>(xxii) Utility vehicles</p> <p>(xxiii) Ambulance for referrals</p>	
LEVEL 5			
<i>Facility type and description</i>	<i>Core services</i>	<i>Infrastructure/ Equipment</i>	<i>Core personnel</i>
<p>Secondary treatment facility (provides comprehensive outpatient and comprehensive residential treatment i.e. both short- and long-term residential treatment – open 24 hours)</p>	<p>(i) Comprehensive biopsychosocial assessment</p> <p>(ii) Individualised treatment planning</p> <p>(iii) Provide emergency resuscitation services and linkage to critical care</p> <p>(iv) Medical detoxification for management of withdrawal symptoms</p> <p>(v) Management of co-morbid medical and/or psychiatric disorders</p> <p>(vi) Maintenance treatment</p> <p>(vii) Prevention of relapse</p> <p>(viii) Behavioural and psychosocial</p>	<p>(i) Screening tools</p> <p>(ii) IEC materials</p> <p>(iii) Emergency resuscitation kits</p> <p>(iv) Consultation rooms</p> <p>(v) Counselling rooms</p> <p>(vi) Meeting rooms</p> <p>(vii) Inpatient facilities for:</p> <p>(a) At least twenty (20) male patients</p> <p>(b) At least twenty (20) female patients</p> <p>(c) At least twelve (12) adolescents or children</p> <p>(viii) At least eight emergency or observation rooms</p> <p>(ix) Access to HDU or ICU facilities</p> <p>(x) Pharmacy</p> <p>(xi) Laboratory able to do comprehensive tests and comprehensive drug tests</p>	<p>(i) Resident Psychiatrist</p> <p>(ii) Resident Physician</p> <p>(iii) Other medical specialists and/or subspecialists available on call</p> <p>(iv) Medical officers</p> <p>(v) Pharmacists</p> <p>(vi) Resident Clinical psychologist</p> <p>(vii) Psychologists</p> <p>(viii) Resident Addiction counsellors</p> <p>(ix) Mental health clinical officers</p> <p>(x) Mental health nurses</p> <p>(xi) KRCHNs</p> <p>(xii) Laboratory technologists</p> <p>(xiii) Pharmaceutical technologists</p>



	<p>treatment of addiction and psychiatric disorders including brief intervention, cognitive behavioural therapy (CBT) and 12-step programmes</p> <p>(ix) Continuous clinical assessment</p> <p>(x) Engagement with patient's family/social network to support recovery including marital therapy</p> <p>(xi) Harm reduction services</p> <p>(xii) Linkage to tertiary residential treatment centres</p> <p>(xiii) Linkage to community mental health services</p> <p>(xiv) Discharge planning and linkage</p>	<p>(xii) Imaging – x-ray, ultrasound</p> <p>(xiii) Access to CT, MRI, PET, etc</p> <p>(xiv) Electroencephalography</p> <p>(xv) Health records and information management system</p> <p>(xvi) IPC and WASH requirements</p> <p>(xvii) Kitchen</p> <p>(xviii) Laundry</p> <p>(xix) Security and safety measures</p> <p>(xx) Library with books, computers and internet access</p> <p>(xxi) Recreational facilities</p> <p>(xxii) Sporting facilities</p> <p>(xxiii) Vocational training facilities</p> <p>(xxiv) Utility vehicles</p> <p>(xxv) Ambulance for referrals</p>	<p>(xiv) Social workers</p> <p>(xv) Occupational therapist</p> <p>(xvi) Physiotherapists</p> <p>(xvii) Nutritionists</p> <p>(xviii) Case workers</p> <p>(xix) Trainers</p> <p>(xx) Peer educators</p> <p>(xxi) Volunteers</p> <p>(xxii) HRIOs</p> <p>(xxiii) HPOs</p> <p>(xxiv) Support staff</p>
<b>LEVEL 6</b>			
<i>Facility type and description</i>	<i>Core services</i>	<i>Infrastructure/ Equipment</i>	<i>Core personnel</i>
6A: Tertiary treatment facility (provides comprehensive outpatient and intensive residential)	<p>(i) Comprehensive biopsychosocial assessment</p> <p>(ii) Individualised treatment planning</p> <p>(iii) Medical detoxification</p>	<p>(i) Screening tools</p> <p>(ii) IEC materials</p> <p>(iii) Emergency resuscitation kits</p> <p>(iv) Consultation rooms</p> <p>(v) Counselling rooms</p> <p>(vi) Meeting rooms</p>	<p>(i) Resident Psychiatrists</p> <p>(ii) Resident Physicians</p> <p>(iii) Resident Neurologist</p> <p>(iv) Resident Anaesthesiolo</p>

treatment within Level 6 hospital – open 24 hours)	<p>for management of withdrawal symptoms</p> <p>(iv) Management of intoxication and overdose including ICU care</p> <p>(v) Management of co-morbid medical and psychiatric disorders</p> <p>(vi) Maintenance treatment</p> <p>(vii) Relapse prevention strategies</p> <p>(viii) Behavioural and psychosocial treatment of addiction and psychiatric disorders including brief intervention, cognitive behavioural therapy (CBT) and 12-step programmes</p> <p>(ix) Continuous clinical assessment</p> <p>(x) Engagement with patient's family/social network to support recovery</p> <p>(xi) Family education and therapy</p> <p>(xii) Marital therapy</p> <p>(xiii) Harm reduction</p>	<p>(vii) Inpatient facilities for:</p> <p>(a) At least thirty-two (32) male patients</p> <p>(b) At least thirty-two (32) female</p> <p>(c) At least sixteen (16) adolescents or children</p> <p>(viii) At least twelve (12) observation or emergency rooms</p> <p>(ix) At least eight (8) isolation rooms</p> <p>(x) At least two (2) sensory deprivation rooms</p> <p>(xi) Sensory stimulation therapy</p> <p>(xii) Brain stimulation therapy e.g. ECT, TMS, VNS</p> <p>(xiii) ICU</p> <p>(xiv) HDU</p> <p>(xv) Pharmacy</p> <p>(xvi) Laboratory able to do comprehensive tests and comprehensive drug tests</p> <p>(xvii) Imaging – x-ray, doppler ultrasound, CT, MRI, PET</p> <p>(xviii) Electroencephalography</p> <p>(xix) IPC and WASH requirements</p> <p>(xx) Kitchen</p> <p>(xxi) Laundry</p> <p>(xxii) Security and safety measures</p> <p>(xxiii) Library with books, computers and internet access</p> <p>(xxiv) Recreational facilities</p>	<p>gist or Critical care specialist</p> <p>(v) Resident medical specialists and sub-specialists</p> <p>(vi) Medical officers</p> <p>(vii) Pharmacists</p> <p>(viii) Resident Clinical psychologists</p> <p>(ix) Psychologists</p> <p>(x) Addiction counsellors</p> <p>(xi) Mental health clinical officers</p> <p>(xii) Mental health nurses</p> <p>(xiii) Critical care nurses</p> <p>(xiv) Laboratory technologists</p> <p>(xv) Pharmaceutical technologists</p> <p>(xvi) Social workers</p> <p>(xvii) Occupational therapist</p> <p>(xviii) Physiotherapists</p> <p>(xix) Nutritionists</p> <p>(xx) Case workers</p> <p>(xxi) Trainers</p> <p>(xxii) Peer educators</p> <p>(xxiii) Volunteers</p> <p>(xxiv) HPOs</p> <p>(xxv) HRIOs</p> <p>(xxvi) Support staff</p>
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	<p>services</p> <p>(xiv) Life and social skills training</p> <p>(xv) Linkage to specialist treatment centres</p> <p>(xvi) Discharge planning</p> <p>(xvii) Linkage to community mental health services</p>	<p>(xxv) Sporting facilities</p> <p>(xxvi) Vocational training facilities</p> <p>(xxvii) Utility vehicles</p> <p>(xxviii) Ambulance for referrals</p>	
<p>6B:</p> <p>Specialist treatment centre (a stand-alone comprehensive outpatient and intensive residential mental health and SUD treatment centre open 24 hours)</p>	<p>(i) Comprehensive biopsychosocial assessment</p> <p>(ii) Individualised treatment planning</p> <p>(iii) Medical detoxification for management of withdrawal symptoms</p> <p>(iv) Management of intoxication and overdose including ICU care</p> <p>(v) Management of co-morbid medical and psychiatric disorders</p> <p>(vi) Maintenance treatment</p> <p>(vii) Relapse prevention strategies</p> <p>(viii) Behavioural and psychosocial treatment of addiction and</p>	<p>(i) Screening tools</p> <p>(ii) IEC materials</p> <p>(iii) Emergency resuscitation kits</p> <p>(iv) Consultation rooms</p> <p>(v) Counselling rooms</p> <p>(vi) Meeting rooms</p> <p>(vii) Inpatient facilities for:</p> <p>(a) At least thirty-two (32) male patients</p> <p>(b) At least thirty-two (32) female</p> <p>(c) At least sixteen (16) adolescents or children</p> <p>(viii) At least twelve (12) observation or emergency rooms</p> <p>(ix) At least eight (8) isolation rooms</p> <p>(x) At least two (2) sensory deprivation rooms</p> <p>(xi) Sensory stimulation therapy</p> <p>(xii) Brain stimulation therapy e.g. ECT,</p>	<p>(i) Resident Psychiatrists</p> <p>(ii) Resident Physician</p> <p>(iii) Resident Anaesthesiologists or Critical care specialists</p> <p>(iv) Resident or visiting Neurologist</p> <p>(v) Other medical specialists and sub-specialists available on call</p> <p>(vi) Medical officers</p> <p>(vii) Pharmacists</p> <p>(viii) Resident Clinical psychologists</p> <p>(ix) Psychologists</p> <p>(x) Addiction counsellors</p> <p>(xi) Mental health clinical officers</p> <p>(xii) Mental health nurses</p>

	psychiatric disorders including brief intervention, cognitive behavioural therapy (CBT) and 12-step programmes (ix) Continuous clinical assessment (x) Engagement with patient's family/social network to support recovery (xi) Family education and therapy (xii) Marital therapy (xiii) Harm reduction services (xiv) Life and social skills training (xv) Discharge planning (xvi) Linkage to community mental health services	TMS, VNS (xiii) ICU (xiv) HDU (xv) Pharmacy (xvi) Laboratory able to do comprehensive tests and comprehensive drug tests (xvii) Imaging – x-ray, doppler ultrasound, CT, MRI, PET (xviii) Electroencephalography (xix) IPC and WASH requirements (xx) Kitchen (xxi) Laundry (xxii) Security and safety measures (xxiii) Library with books, computers and internet access (xxiv) Recreational facilities (xxv) Sporting facilities (xxvi) Vocational training facilities (xxvii) Utility vehicles (xxviii) Ambulance for referrals	(xiii) Critical care nurses (xiv) Laboratory technologists (xv) Pharmaceutical technologists (xvi) Social workers (xvii) Occupational therapist (xviii) Physiotherapists (xix) Nutritionists (xx) Case workers (xxi) Trainers (xxii) Peer educators (xxiii) Volunteers (xxiv) HRIOs (xxv) HPOs (xxvi) PHOs (xxvii) Support staff
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## Abbreviations:

- CHV Community health volunteer
- CHEW Community health extension worker
- CT Computed tomography scan
- ECT Electroconvulsive therapy
- EEG Electroencephalography
- KRCHN Kenya Registered Community Health Nurse

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• HDU	High dependency unit
• HPO	Health promotion officer
• HRIO	Health records and information officer
• ICU	Intensive care unit
• IEC	Information, education and communication
• IPC	Infection prevention and control
• MRI	Magnetic resonance imaging
• NCPWD	National Council for Persons with Disabilities
• PET	Positron emission tomography
• PHO	Public health officer
• SUD	Substance use disorder
• TMS	Transcranial magnetic stimulation
• VNS	Vagus nerve stimulation
• WASH	Water, sanitation and hygiene

Screening tools:

- ASSIST – Alcohol, Smoking and Substance Involvement Screening Tool – developed by the WHO
- CAGE Questionnaire – it has 4 questions to gauge a client’s alcohol use i.e. Cut down, Annoyed, Guilty and Eye-opener
- COWS – Clinical Opiate Withdrawal Scale – the examining clinician assesses the client on 11 items
- PHQ-9 – Patient Health Questionnaire – it has 9 questions to assess for depression.

Comprehensive package of HIV prevention, treatment and care interventions for people who inject drugs (PWID)

Core components recommended by WHO/UNODC/UNAIDS:

- Needle and syringe programme (NSP)
- Opioid substitution therapy (OST) and other evidence-based treatment persons with opioid use disorder
- HIV testing and counselling
- Antiretroviral therapy (ART)
- Prevention and treatment of sexually transmitted infections (STIs)
- Condom programmes for PWID and their sexual partners
- Targeted information, education and communication for PWID and their sexual partners

- Vaccination, diagnosis and treatment of viral hepatitis
- Prevention, diagnosis and treatment of tuberculosis (TB)
- Outreach services
- Overdose prevention and management

Made on the 5th August, 2022.

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*Cabinet Secretary for Health.*